

TEXAS SINUS, ALLERGY, SNORING AND SLEEP INSTITUTE

Name: _____ Date: _____

ETDQ-7 questions related to Eustachian tube dysfunction symptoms present in the past month and the scoring system from 1 to 7. Minimum score=7. Maximum score=49.

Over the past 1 month, how much has each of the following been a problem for you?	No problem		Moderate Problem			Severe Problem	
	1	2	3	4	5	6	7
1. Pressure in the ears?	1	2	3	4	5	6	7
2. Pain in the ears?	1	2	3	4	5	6	7
3. A feeling that your ears are clogged or "under water"?	1	2	3	4	5	6	7
4. Ear symptoms when you have a cold or sinusitis?	1	2	3	4	5	6	7
5. Crackling or popping sounds in the ears?	1	2	3	4	5	6	7
6. Ringing in the ears?	1	2	3	4	5	6	7
7. A feeling that your hearing is muffled?	1	2	3	4	5	6	7
TOTAL							

From McCoul ED, Anand VK, Christos PJ. Validating the clinical assessment of eustachian tube dysfunction: The Eustachian Tube Dysfunction Questionnaire (ETDQ-7). Laryngoscope 2012 122(5):1137-41